

Meet: Home VS Northern Lebanon

Date: March 31& April 2, 202

Weather Conditions: Monday-warm/ Wed-cold

Location: At Donegal

Shot Put

1 Dan Viselli	43 10
Matthew Crider	35 8.25
McCauley Cranmer	33 10.25
Tristen Bair	31 4.25
Keven Almanza	30 9.5
Micah Kreider	30 0.75
Dane Zuckoff-Lutz	29 11
Justin Wood	28 7.25

Discus

1 Dan Viselli	129-9
Justin Wood	98-10
Keven Almanza	96-9
Micah Kreider	88-3
Owen Winters	82-8
Tristen Bair	80-9
Jaron Shellenberger	73-8

Javelin

1 McCauley Cranmer
2 Evan Dounough
3 Dan Viselli
Justin Wood
Jordon Woods
Caleb Gonzalez
Micah Kreider
Matt Crider

100 Meters

1 Nikita Galkin	11.1
2 Devin Wagstaff	11.3
3T Ayo Akinrinwoye	11.4
3T Siji Akinrinwoye	11.4
Davion Wagstaff	11.6
Isiaah Omisakin	11.6
Uri Alkinburgh	12.0
Drew Horst	12.0
Stephen Fontanez	12.5
Adam Stauffer	12.7
Nate Kabamba	12.9
Cole Scanlin	13.0

200 Meters

1 Nikita Galkin	23.3
2 Davion Wagstaff	23.5
3 Ayo Akinrinwoye	23.8
Devin Wagstaff	24.0
Siji Akinrinwoye	24.5
Uri Alkinburgh	25.6
Naziyr Bell	25.8
Nate Kabamba	26.6
Cole Scanlin	26.6

400 Meters

2 Drew Horst
Isiaah Omisakin
Adam Stauffer

4 x 100 Meters

1 Nikita Galkin	
Davion Wagstaff	
Ayo Akinrinwoye	
Devin Wagstaff	45.3

4 x 800 Meters A

1 Chase Blankenmey	2:17.8
Cadel Barber	2:05.5
Caiden Karpel	2:12.4
Micah Brydon	2:10.9
	8:46.8

4 x 800 Meters B

Fox White
Aden Ho
Ryan Ford
Dominic Lim

4 x 400 Meters A

Isiaah Omisakin	59.6
Chase Blankenmey	57.3
Drew Horst	56.7
Micah Brydon	54.1
	3:47.8

4 x 400 Meters B

Cadel Barber	56.0
Bobby Johns	77.5
Naziyr Bell	
Fox White	

4 x 400 Meters D

Ryan Ford
Prentice Martin
Ian Caldwell
Lincoln Boyles

110 Meter Hurdles

2 Colton Houck 17.7
Hayden Bires FS

300 Meter Hurdles

3 Hayden Bires 45.2
Colton Houck

High Jump

2 Colton Houck
Ryan Daily
Ayden Martis

800 Meters

2 Micah Brydon 2:00.5
Chase Blankenmey 2:18.5
Ryan Ford 2:26.0
Dominic Lim 2:26.7
Lincoln Boyles 2:35.5
Prentice Martin 2:41.1
Bobby Johns 2:43.2
Ian Caldwell 3:07.3

1600 Meters

1 Micah Brydon 4:48.4
3 Cadel Barber 4:55.7
Dominic Santiago-Veg 5:59.9

3200 Meters

1 Cadel Barber
2 Caiden Karpel

Triple Jump

2 Hyden Bires 37 4
Ayden Martis 32 6.5

Long Jump

3 Ryan Daily
Uri Alkinburgh
Hayden Bires
Jared Brooks
Ayden Martis
Nysaiah DeJesus
Jake Thomas

Pole Vault

1 Colby Haines 11-0
Prentice Martin 8 0

Athlete of the Meet

Dan Viselli-won shot and Disc and 3rd in jav- much needed points

Rookie of the Meet

Matt Crider/ Ryan Daily- though they are seniors, they had outstanding improvements

Outstanding Performances

Boys Jav with a sweep along with sprinters in 100m and 200m

Colby Haines 11-0 in pole vault in wind

Cadel Barber ran nearly a 30 sec. PR in 2 mile, and over a second in the 400m

Evan Dounough threw jav and had a great performance

Score

83-67

Section Record Over-All Record

2-0

2-0

147-2
142-10
135-5
128-10
105-4
103-8
100-6
79-2

55.8
58.4
64.9

2:32
2:24
2:27
2:31
9:55

4:19.1

5-4

5-2

5-2

10:18.8

10:47.9

18-1

17-8.5

17-3

15-1

14-10.5

14-8

13-3.25

